



# BABA MASTNATH UNIVERSITY

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(RECOGNISED BY UGC) ROHTAK, DELHI -NCR



## Internal Quality Assurance Cell

S.No.: IQAC/Event/2025/40

### EVENT APPROVAL FORM

Date: 15.05.2025

Academic Session: 2024-25

|   |  |   |   |
|---|--|---|---|
| <b>Proposed Event:</b>                              | Seminar <input type="checkbox"/>   Conference <input type="checkbox"/>   Workshop <input type="checkbox"/>   Training <input type="checkbox"/>   Short Term Course <input type="checkbox"/><br>Special/Extension Lecture <input type="checkbox"/>   Sports, Cultural, Co-curricular <input type="checkbox"/>   Other <input checked="" type="checkbox"/> |   |   |
| <b>Faculty Name:</b>                                | Nursing  |   |   |
| <b>Department Name:</b>                             | Nursing  |   |   |
| <b>Convener:</b>                                    | Ms. Kavita   | <b>Co-Convener:</b>   | Ms. Manisha   |
| <b>Organizing Secretary (if any):</b>               | NA   |   |   |
| <b>Speaker's Profile:</b>                           | -  |   |   |
| <b>Topic:</b>                                       | Health Talk On International Kangaroo Care Awareness Day.  |   |   |
| <b>Duration: (in days)</b>                          | 1 day  | <b>Proposed Mode</b>  |   |
|   |  | <input type="checkbox"/> Online   | <input checked="" type="checkbox"/> Offline   |
|   |  | <b>Date:</b> 15.05.2025   | <b>Time:</b> 12:30 : AM/PM  |
| <b>Proposed Amount for the event (Rs.) (if any)</b> | (in figures)   | (in words)  |   |
| <b>Requirements (Tick, if Required)</b>             | <b>Flex</b> <input type="checkbox"/><br>Quantity required: .....<br>Give Details if Required   | <b>Memento</b> <input type="checkbox"/><br>Quantity required: .....<br>Give Details if Required | <b>Certificate</b> <input type="checkbox"/><br>Quantity required: .....<br>Give Details if Required |

*Kavita*  
**Convener / Secretary**  
 Name: Ms. Kavita (Assistant Professor)  
 Nursing Department

*Kavita* **Princ**  
**Dean / Chairperson / SIOP**  
 Name: Ms. Kanchan Desai  
 Nursing College  
 Rohtak

*[Signature]*  
**Director (IQAC)**

*[Signature]*  
**Registrar**

**Approved**  
*[Signature]*  
 15.5.2025  
**Vice-Chancellor**

## **Event Report of KMC**

**Event Report:** Kangaroo Mother Care Educational Visit for Nursing Students

**Event Title:** Kangaroo Mother Care Awareness and Practice – Field Visit by Nursing Students of baba mast Nath College of nursing.

**Date of Event:** 15/05/2025

**Location:** Village- Baliyana, District-Rohtak

**Organized by:** Shri Baba Mastnath Nursing Institute, Asthal Bohar, Rohtak

**Objective:** To provide Nursing students with hands-on exposure to the principles and benefits of Kangaroo Mother Care (KMC) in a rural community setting and to raise awareness among local mothers and caregivers about the importance of KMC for neonatal health.

### **Participants:**

- 17 Nursing Students
- 04 Faculty Members
- Village mothers and caregivers with newborns

### **Activities Conducted:**

1. **Orientation Session:** The visit began with an orientation led by a faculty member, explaining the goals of the visit and refreshing key concepts of KMC — skin-to-skin contact, exclusive breastfeeding, and early discharge with follow-up.
2. **Community Interaction:** Students interacted with mothers and caregivers, discussing common challenges in newborn care and introducing the concept of Kangaroo Mother Care.
3. **Demonstration of KMC:** Practical demonstrations of the proper KMC technique were conducted, including how to position the baby and secure them safely to the mother's chest using a cloth wrap.
4. **Awareness Campaign:** Informational pamphlets were distributed in the local language, and short talks were given on the importance of warmth, feeding, and bonding in the first weeks of life.
5. **Feedback and Q&A Session:** Local mothers were encouraged to ask questions and share experiences. Nursing students assisted in resolving doubts and offered follow-up contact for continued support.



Rohtak, Haryana, India

174/b, Rohtak, Haryana 124401, India

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**Outcomes:**

- Enhanced understanding and confidence among nursing students in applying KMC principles in rural settings.
- Increased awareness and acceptance of KMC among local mothers.
- Strengthened collaboration between nursing education institutions and local health systems.
- Identified a need for ongoing support and monitoring of KMC practices in the village.

**Conclusion:**

The field visit was a meaningful learning experience for both students and the local community. It highlighted the vital role of nursing professionals in promoting simple, cost-effective practices like Kangaroo Mother Care, especially in resource-limited settings. Continued outreach and follow-up will be important to sustain the practice and improve neonatal outcomes.